



CITRUS SHOTS

By Melissa De Leon Chavez



Oranges, yellows, and greens paint more than just the trees this season—they paint the produce department as citrus steps into the spotlight. Perfect for the autumn aesthetics, Halloween decorations, and combating winter sickness with that powerful vitamin C, discover how you can maximize this effervescent category in the following pages...



BLOOD ORANGE

- ATTRIBUTES** Deep maroon interior with very few seeds and orange-red blushed exterior; easy to peel
- AROMA** Mildly floral with an earthy papaya-like fragrance
- FLAVOR** Rich, plum-like flavor with hints of tart cherry and raspberry undertones



CARA CARA ORANGE

- ATTRIBUTES** Rich pink pulp with orange exterior; seedless
- AROMA** Pleasingly tropical
- FLAVOR** Extremely sweet with a kiss of cranberry and cherry undertones



NAVEL ORANGE

- ATTRIBUTES** Small navel formation on the blossom end; easy to peel and seedless
- AROMA** Sweet, floral
- FLAVOR** Refreshingly sweet with rich vanilla finish and cherry undertones



VALENCIA ORANGE

- ATTRIBUTES** Differentiated from other orange varieties by thin, slightly pebbly rind and occasional seeds
- AROMA** Orange blossom
- FLAVOR** Perfect balance of sweet and tart flavors; high juice content



CLEMENTINE, W. MURCOTT, AND TANGO

- ATTRIBUTES** Unique rounded middle, flat top and bottom, medium-sized fruit with deep orange, smooth, glossy skin; seedless and easy to peel
- AROMA** Sweet, wildflower, pomegranate-like
- FLAVOR** Crisp apricot-like or candied nectar flavor with a rich aftertaste

PAGE MANDARIN

- ATTRIBUTES** Prominent circle on blossom end
- AROMA** Crisp, citrus scent
- FLAVOR** Rich flavor



SATSUMA MANDARIN

ATTRIBUTES Varying in shape from flat to necked; easy to peel and segment; seedless

AROMA Sweet honeysuckle aroma

FLAVOR Refreshing with warm, tropical hints



GRAPEFRUIT

ATTRIBUTES Yellow skin with a pink blush, flesh varies from light pink to deep red

AROMA Subtly sweet, sour cherry

FLAVOR Perfect balance of sweet and tart flavors; extremely juicy



GOLD NUGGET MANDARIN

ATTRIBUTES Bright and slightly bumpy rind; seedless, sweet, and easy to peel

AROMA Candy citrus

FLAVOR Rich and sweet, juicy flavor

MEYER LEMON

ATTRIBUTES Cross between a regular lemon and a Mandarin orange; bright yellow or rich orange-yellow color

AROMA Rich lemon blossom; floral, sweet lime, lemon, and Mandarin

FLAVOR Zesty sweet, deep citrus flavor



EUREKA AND LISBON LEMON

ATTRIBUTES Two different types that are virtually indistinguishable from each other; bright yellow with medium to slightly pebbly skin; popular citrus fruit used in cooking today

AROMA Crisp, floral smell

FLAVOR Distinct tangy flavor that complements both sweet and savory foods



PINK VARIEGATED LEMON

ATTRIBUTES Pink on the inside with a yellow-and-green striped rind

AROMA Bright, crisp

FLAVOR Slightly less acidic than conventional lemons



TEXAS RIO RED GRAPEFRUIT

ATTRIBUTES Overall blush on the exterior peel with a deep red interior color

AROMA Bright and floral

FLAVOR Surprisingly sweet with a hint of zing



ORO BLANCO AND MELO

ATTRIBUTES Oro: Slightly larger than grapefruit, thick green-yellow rind
Melo: Larger than Oro, thinner rind

AROMA Both are sweet

FLAVOR Oro: Juicy, sweet, bitter membranes
Melo: Sweet, but less than Pummelo



PUMMELO

ATTRIBUTES Largest of all citrus fruit; thick, dark green peel that fades to yellow as season progresses

AROMA Zesty; slightly tropical with a hint of jasmine and lime

FLAVOR Sweet with a candied aftertaste



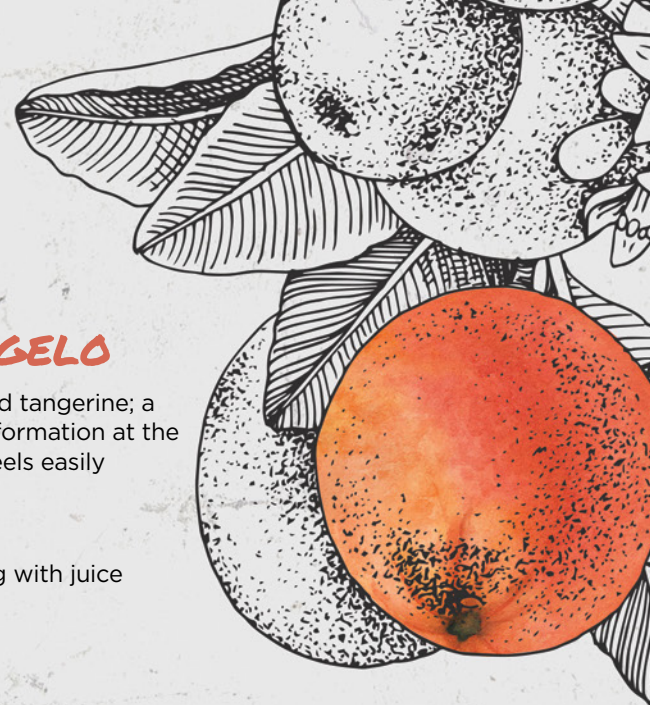


MINNEOLA TANGELO

ATTRIBUTES Cross between a grapefruit and tangerine; a deep orange with a knob-like formation at the stem end; few, if any, seeds; peels easily

AROMA Robust, tart-orange aroma

FLAVOR Bold, tangy flavor and bursting with juice



PERSIAN LIME

ATTRIBUTES Typically sold while still dark green in color, gradually turn light green as they ripen; virtually seedless

AROMA Spicy, floral

FLAVOR Distinctive limey flavor



KEY LIME (MEXICAN OR WEST INDIAN LIME)

ATTRIBUTES Generally round with straw yellow flesh and a thin, leathery skin; ranging from light green to yellow

AROMA Highly crisp aromatic attributes

FLAVOR Fresh, tangy taste



FINGER LIME

ATTRIBUTES Not related to a lemon or a lime; considered a micro-citrus with tiny fruit pearls in a wide range of colors

AROMA Unique, refreshing lime

FLAVOR Similar to a lemon-lime-grapefruit combination

