

Market Update June 19 2023

### **Fruit Update**

- **Apples** Apple Pricing is steady as packers work on prolonging the season until new crop
- **Strawberries** Strawberry volume is looking very good with some spotty bruising
- Variety Berries All variety berries are still tight going into this week with smaller fruit and lower volumes than expected
- **Citrus** –Quality is good but pricing is higher than normal with less supply
- Stone Fruit Production is still slow so pricing is high. WA Apricots should start in about 2 weeks
- **Grapes** Sizing keeps getting better with grapes and pricing is coming down with increased supply
- **Melons** Melon quality is getting better every day but Honeydews are way behind their normal picking schedule and remain tight.
- **Cherries** WA Cherries have begun and are great quality. Pricing is still a little elevated but should come down as the week goes on. Coral varieties have just started and are much better tasting than the early Chelan varieties







### **Food Stamp Trends**

- Food Stamp recipients are a huge portion of grocery sales
- Walmart takes a outsized portion of that share with almost
  97% of Food Stamp shoppers going to Walmart
- Traditional grocers have a large demographic that use SNAP benefits too at about 45% of shoppers using them
- This means that having low priced, value options in your set can reach a large number of those customers





#### Veg Update

- Lettuce Steady markets because of moderate demand but good quality and sizing
- **Celery** Market is steady and should remain like that for a few weeks
- Broccoli & Cauli Quality and Sizing are both doing well with steady demand and pricing
- **Onions** Walla Walla Onions have started with great quality. Pricing is a little high for these first shipments

Corn out of Cali has some worm pressure that will continue throughout the 4<sup>th</sup> of July holiday

- **Peppers** Peppers are a getting a bit tighter but quality and supply should stay steady
- **Asparagus** WA Asparagus is done for the season. MX quality has been great in the 11# boxes
- **Tomatoes** TOV's are starting to tighten up a bit with supplies but beefsteaks are looking good
- **Cucumbers** Supplies are steady with local cucumbers just starting. Quality is decent but not great
- **Corn** Cali corn has a lot of worm pressure that will not get better for the entire Cali crop



#### **Inflation Shopping Habits**

- As inflation slows it will be interesting to see if buying habits change back to the way they were before Covid and high inflation
- 27% of shoppers never change their purchase habits, but 25% cut back on their purchases, 14% switched to a cheaper brand, 16% waited for an item to go on sale, and all the rest changed package sizes or substituted products
- Higher priced items are starting to see some unit growth again like Dragon Fruit and Stone Fruit









### **Organic Update**

- Apples OG Pinks are done for the year but all other varieties are doing well. Bagged Galas and Fuji are still available for promotions
- **Berries** Strawberries and blueberries are available with raspberries and blackberries being very tight
- **Potatoes** Potatoes are tight but we will have some California new crop in here late this week
- **Onions** Same boat as the potatoes now with very little quality onions out there
- **Cauli and Broc** Pricing has come down with the increased volume and quality
- **Celery** Lots of insect and disease pressure is leading to high prices and low availability
- Lettuces Steady supplies and modest demand are holding prices flat
- **Citrus** OG Citrus is finished or at the very end of its lifespan for the next few weeks
- Pears Anjou's are still available with good quality
- **Tomatoes –** Great availability and pricing is steady with good quality





### **Hispanic Update**

- **#2 Green Avocados** Plenty available and the larger size has a great price on them
- Cactus Pears Supply is starting to get better as well as quality.
- Mexican Green Onions Great item to promote the next few weeks
- Mexican Gray Squash Medium sized with decent quality and some material defects
- **Medium Roma Tomatoes** Still gapping but should start seeing more availability soon
- **Maradol Papaya** Excellent quality but the market is firm due to lower than expected volumes
- **Mangoes** Quality is still good for the next 3-4 weeks out of Mexico. Great for promotions
- Limes– Plenty of limes out of the Mexican market the last few weeks have led to great pricing





#### **Corn Husks**

- Mainly used in Tamale cooking with a corn based dough mixture
- Banana leaves can also be used to make Tamales, but Corn Husks are how they have historically been made
- Tamales have been cooked for almost 9,000 years and can be traced back to the Aztecs, Mayans, and Incans
- Corn husks are used to celebrate the Atamalcualiztli festival that honors the corn god
- March 23<sup>rd</sup> is unofficially National Tamale Day around the US

