Fresh Finds Market Update



Market Update September 6 2022

Fruit Update

- Apples We are well under way with new crop Gala and Honeys. Sizing is smaller than in years past so bags will be a value with Gala. Last season Honeys are starting to finish up and then they will begin to start moving into new crop
- Cherries Red cherries are done for the year. Thanks for the great year even though the crop started very late and ended earlier than they were thinking!
- Berries

 Volumes will remain steady with Straws this week.

 Blueberries and Blackberries are local out of the PNW and
 are great quality. Raspberry supply is looking better than the
 past few weeks.
- Stone Fruit PNW Peaches and Nectarines are still looking good and will have decent volume up until the end of the month. Organics for both are also looking strong.
- **Grapes** Red, Green, and Black grapes are all available and in good supply with promotional volumes
- Citrus Imported Navels are available now with excellent quality. Lemons out of CA are showing a few quality issues but overall the lemon market is looking good. Limes are available with good quality and minor scarring
- Melons Cantaloupe supplies are steady and honeydews are a bit tight. Watermelons out of PNW are excellent right now with great quality.







Fruit Inflation July 2022

- Inflation in fruit rose 6.2% in July
- Total produce inflation was 8.1% so fruit was actually looking better than vegetables
- Cherry inflation was leading the way with 68.6% with Oranges in a close second at 51.1%
- Berries were actually going the other way with strawberries at 16.7% and Apples at a -6.39%

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Veg Update

- Lettuce Market has started to jump up with lower yields and much tighter supply. Quality is also suffering from high heat
- Celery Great item to promote and are in peak season. Quality has been great the past few weeks
- Broccoli & Cauli Lighter yields are causing the market to jump slightly and should steady out as the week goes on
- Onions PNW onions are in the building with good quality and availability. Green onions are struggling from the high heats just like the lettuces

Lettuce Markets are going through the roof with a huge drop on supplies due to labor and water issues. Quality is also an issue with the high heats

- Potatoes –Potatoes from the PNW are in full swing and the quality is excellent. Idaho Potatoes are behind in harvest
- Peppers Green peppers are local with great quality and availability. Colored peppers are getting a bit tighter but still a good value
- Asparagus
 – Asparagus supplies are looking better with markets steadying a bit
- Organics OG vegetables out of Cali are suffering worse than their conventional counterparts due to the heat
- Corn Corn supplies are looking good with great quality



Veg Inflation July 2022

- Inflation in veg rose 12.7% in July
- Total forecasted inflation for the rest of 2022 is 2%
- Lettuce inflation has been driving the category with salad inflation at 51% and leaf lettuce at 21.4%
- Asparagus had a -6.6% inflation rate while carrots were -1.7%.

