



Week of 01/30/23



Organic Green Gage Plums



Lemon Plums



Sweet Young Coconut



FEATURED ITEMS:

- **Organic Green Gage Plums (New Zealand):** Limited crop on these small plums, great for snacking. Available while supplies last.
- **Lemon Plums (Chile):** Resembles a lemon but tastes like a plum. Moderate supplies thru February.
- **Sweet Young Coconuts (Thailand):** Quenching liquid inside for cooking or drinking. Available year-round with good supplies.
- **Organic Brussels Sprouts (Mexico):** Delicious sautéed, air-fried or baked for a delicious side. Good supplies thru May.
- **Chayote (Mexico):** Versatile veg to use in soups, omelets and sides. Good supplies year-round.
- **Celery Chinese – Khan Choy (USA-CA):** Small, thin, hollow stalks with a pungent flavor. Good supplies now with year-round availability.
- **Gold Beets – Peeled, Steamed & Cubed (France):** Ready-to-enjoy in salads, sides or platters. Available year-round with good supplies.
- **Chickpea Snax™ (Mexico):** Satisfy your crunch with these Garlic/ Spicy Chile snacks. Available year-round with good supplies.
- **Pickled Peppers:** Convenient pepper to add to sandwiches, salads and more. Good supplies now with year-round availability.

GOOD SUPPLIES:

FRUITS

- Dekopon Mandarins (USA-CA)
- Kishu Mandarins (USA-CA)
- Cara Cara Oranges (USA-CA)
- Blood Orangs (USA-CA)
- Passion Fruit (USA-FL)
- Guava (Mexico)
- Jackfruit (Mexico)
- Kumquats (USA-CA)
- Dragon Fruit (Ecuador)
- Candy Hearts® Grapes (Peru)
- Butterscotch™ Pears (South Korea)
- Charentais Melons (Dominican Republic)



Organic Brussels Sprouts

ORGANIC FRUITS

- Mini Watermelons (Mexico)
- EZ Open Coconuts (Thailand)
- Navel Oranges (USA-CA)
- Kiwi (USA-CA)
- Grapefruit (USA-CA)
- Lemons (USA-CA)
- Papaya (Mexico)
- Limes (Mexico)



Celery Chinese – Khan Choy

VEGETABLES

- Baby Broccoli (USA-CA)
- Shishito Peppers (Mexico)
- Baby Bok Choy (USA-CA)
- Manzano Peppers (Mexico)
- Watermelon Radish (Mexico)
- Okra (Honduras)
- Cauliflower (USA-AZ)
- Romanesco (USA-AZ)
- Yams (USA-CA)
- Potatoes (USA-ID)
- Onions (USA-ID)



Chayote

ORGANIC VEGETABLES

- Jalapeno (Mexico)
- Tomatoes (Mexico)
- Onions (USA-CA)
- Baby Yams (USA-CA)
- Cucumber (Mexico)
- Yellow Squash (Mexico)
- Green Bell Peppers (Mexico)
- Zucchini Squash (Mexico)



Golden Beets



Chickpea Snax™

COMING SOON:

- Kiwi Berries (New Zealand/ Chile)
- Gold Nugget™ Tangerines (USA-CA)
- Omega Plums (New Zealand)
- Green Muscato™ Grapes (Peru)
- Pixie Tangerines (USA-CA)



Pickled Peppers