

# Melissa's Market Update

@MelissasProduce

Week of 02/05/2024



## FEATURED ITEMS:

- **Organic Mini Watermelons (Mexico):** Juicy and sweet, perfect size for a fruit salad or platter. New crop available now with good supplies thru April.
- **Organic Ataulfo Mangos (Mexico):** Popular for snacking, juicing, sauces and recipes. New crop starting in moderate supply with availability thru June.
- **Organic Cara Cara Oranges (USA-CA):** Moderate supplies on these juicy, full-flavored oranges. Available thru March.
- **Organic Brussels Sprouts (Mexico):** Trending veg that is delicious served smashed and baked! Good supplies thru March.
- **Long Hot Red Peppers (Spain):** Add a little kick to recipes. Limited supplies available weekly, available thru April.
- **Melissa's Wrappers (USA):** Year-round availability on these versatile wraps. Popular for making Asian dumplings and egg rolls.
- **Roasted Red Bell Peppers:** This pantry essential is great on charcuterie boards or sandwiches. Year-round availability with good supplies.
- **Kumquats (USA-CA):** Pop the whole thing into your mouth for the best flavor! Good supplies thru May.
- **Lemon Plums (Chile):** Looking like a lemon in appearance, but tasting like the juiciest plum ever! Limited crop, available while supplies last.
- **Mandarinquats (USA-CA):** Small, but delicious. Use as a garnish or in drinks. Limited crop, available for 2 weeks.

## GOOD SUPPLIES:

### FRUITS

- Rambutan "Irradiated" (Vietnam)
- Minneola Tangelos (USA-CA)
- Golden Berries (Colombia)
- Ugli Fruit (Jamaica)
- Blood Oranges (USA-CA)
- Kishu Mandarins (USA-CA)
- Dekopon Mandarins (USA-CA)
- Charentais Melons (Dominican Republic)
- Dragon Fruit (Vietnam/ Ecuador)
- Neapolitan® Tangerines (USA-CA)
- XL Navel Oranges (USA-CA)
- Tree-ripened Kent Mangos (Peru)

### VEGETABLES

- Potatoes (USA-ID)
- Baby Baker Russet Potatoes (USA)
- Okra (Honduras)
- Fresh Peppers (Mexico)
- Watermelon Radish (Mexico)
- Horseradish (USA-IL)
- Baby Artichokes (USA-CA)
- Jicama (Mexico)
- Onions (USA-ID)
- Microwaveable Sweet Potatoes (USA-CA)



Red Long Hot Peppers



Egg Roll Wrappers



Wonton Wrappers

### ORGANIC FRUITS

- Limes (Mexico)
- Kiwi (USA-CA)
- Ambrosia Apples (Canada)
- Lemons (USA-CA/ Mexico)
- Navel Oranges (USA-CA)
- Papaya (Mexico)
- Grapefruit (USA-CA)

### ORGANIC VEGETABLES

- Jalapenos (Mexico)
- Bell Peppers (Mexico)
- Organic Cucumbers (Mexico)
- Baby Sweet Potatoes (USA-CA)
- Shallots (Netherlands)
- Green Beans (Mexico)

### COMING SOON:

- Mamey Sapote (USA-FL)
- Indian Jujubes (USA-CA)
- Kiwano Melons (New Zealand)
- Starfruit (Taiwan)
- Kiwi Berries (Chile/ New Zealand)
- Pixie Tangerines (USA-CA)
- Feijoa (New Zealand)



Kumquats



Lemon Plums



Mandarinquats



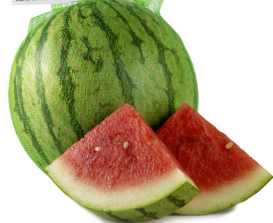
Sweet Potatoes (Microwaveable)



Roasted Red Bell Peppers



Tree-ripened Kent Mangos



Organic Mini Watermelons



Organic Ataulfo Mangos



Organic Cara Cara Oranges



Organic Brussels Sprouts