



Week of 03/20/23



## FEATURED ITEMS:

- **Clean Snax® (USA/ Mexico):** Good supplies available year-round. Multiple flavors and pack options.
- **Peeled Garlic (USA):** Versatile for any recipe to add flavor and spice. Good supplies out of CA year-round.
- **Long Sweet Peppers (Mexico):** Colorful, crispy and sweet. Good supplies now with year-round availability.
- **Shredded Horseradish (Austria):** Convenient and ready-to-use. Add flavor and heat to dishes with a dash of horseradish.
- **English Peas (Mexico):** Good supplies thru April on these versatile peas, great in salads, casseroles or side dishes.
- **Lotus Root (USA-CA):** Good supplies year-round on this crisp bulb that can be enjoyed raw or cooked.
- **Galanga Root (USA-CA):** Add this root to soups, stews and casseroles for a spicy, peppery flavor. Good supplies year-round.
- **Organic Turmeric (Fiji):** Peel, slice, or grate into tea, smoothies or stir-fries. Available in good supply.
- **Cotton Candy® Grapes (Chile):** Named for their sweet flavor reminiscent to cotton candy. Excellent supplies now thru April.
- **Quince (Chile):** Generally enjoyed baked, this apple-looking fruit is in good supply thru May.
- **Asian Pears (Chile):** Crisp and juicy, perfect for snacking, desserts or platters. Good supplies thru May.

## GOOD SUPPLIES:

### FRUITS

- Pineberries (USA-FL)
- Pixie Tangerines (USAS-CA)
- Sapūrana Mangos (Peru)
- Mamey Sapote (USA-FL)
- Tai Nung Papayas (Mexico)
- Pomegranates (Chile)
- Key Limes (Mexico)
- Kumquats (USA-CA)
- Coconuts (Mexico)
- Jackfruit (Mexico)
- Blood Oranges (USA-CA)
- Young Coconuts (Thailand)
- Charentais Melons (Dominican Republic)
- White/ Yellow Dragon Fruit (Ecuador)
- Red Dragon Fruit (Vietnam)
- Pepino Melons (Ecuador)



Lotus Root



Galanga Root



Organic Turmeric

### ORGANIC FRUITS

- Bartlett Pears (Argentina)
- Navel Oranges (USA-CA)
- Kiwi (USA-CA)
- Lemons (USA-CA)
- Papaya (Mexico)
- Grapefruit (USA-CA)

### ORGANIC VEGETABLES

- Shallots (Netherlands)
- Jicama (Mexico)
- Yellow Squash (Mexico)
- Zucchini Squash (Mexico)
- Baby Red Potatoes (USA-WA/CO)
- Darkloom Tomatoes (Mexico)
- Brussels Sprouts (Mexico)
- Cucumber (Mexico)
- Bell Peppers (Mexico)
- Onions (USA-CA)

## COMING SOON:

- Rambutan (Vietnam)
- Purple Asparagus (USA)
- Sunflower Chokes (USA-WA)



Jackfruit



Cotton Candy®  
Grapes



Pixie Tangerines



Quince



Apple Pears



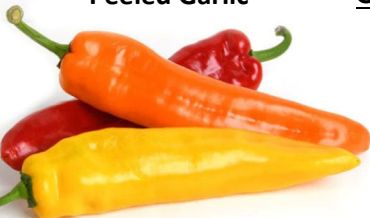
Sapūrana Mangos



Week of 03/20/23



Peeled Garlic



Long Sweet Peppers



Shredded Horseradish



English Peas