

Melissa's Market Update

@MelissasProduce



Week of 04/03/23



FEATURED ITEMS:

- **Purple Asparagus (Mexico):** Add color and mild flavor to sides and salads. New crop, with limited availability to start.
- **White Asparagus (Peru):** Mild and sweeter than green, enjoy sautéed as a side or in salads. Good supplies now with year-round availability.
- **Kiwano Melons (New Zealand):** Lime green, cucumber-like flesh is great as an ingredient in fruit salads, drinks and smoothies. New crop available thru July.
- **Dutch Yellow® Potatoes w/ Four Cheese Sauce (USA-ID/ France):** They're back! Convenient ready-to-cook side dish. Pre-order for best availability.
- **Daikon (USA-CA):** Add a bit of spice with this delicious radish; perfect in stir-fries, and soups. Good supplies with year-round availability.
- **Jalapeno Peppers (Mexico):** Cinco de Mayo is around the corner! Plan now with our 16 oz. tote bags.
- **Organic Artichokes (USA-CA):** New crop of this fun, green veggie. Steam or sauté, then serve with your favorite dip. Good supplies now.
- **Organic Ginger & Turmeric (Peru/ Fiji):** Perfect for juicing and smoothies. Good supplies with year-round availability.
- **Organic Yellow Potatoes (USA-CA):** Good supplies on new crop. Great for baking, mashing, smashing and grilling.
- **Kumquats (USA-CA):** Enjoy whole as a snack or candied for a sweet-tart treat. Good supplies thru May.
- **Basil Pesto:** Delicious as a topping or added to pasta for sauce. Convenient jars in stock with year-round availability.
- **Cooked Quinoa (France):** Ready-to-use for salads, sides or entrées. In stock now with year-round availability.
- **Costa Azul Hot Sauce:** Perfect condiment for soups, salads, sandwiches, and more! Available year-round in good supplies.

GOOD SUPPLIES:

FRUITS

- Feijoa (New Zealand)
- Coconuts (Mexico)
- Jackfruit (Mexico)
- Pixie Tangerines (USAS-CA)
- Dragon Fruit (Ecuador/ Vietnam)
- Tai Nung Papayas (Mexico)
- Quince (Chile)
- Asian Pears (Chile)
- Pomegranates (Chile)
- Mamey Sapote (USA-FL)
- Grapes (Chile)



Daikon



Jalapeno Peppers



Organic Artichokes

VEGETABLES

- Horseradish (USA-IL)
- Potatoes (USA-ID)
- Onions (USA-ID)
- Shallots (USA-ID)
- Fava Beans (Mexico)
- Radicchio (Netherlands)
- Okra (Honduras/ Nicaragua)
- Veggie Sweet Peppers (Mexico)

ORGANIC FRUITS

- Pears (Argentina)
- Navel Oranges (USA-CA)
- Kiwi (USA-CA)
- Lemons (USA-CA)
- Papaya (Mexico)
- Grapefruit (USA-CA)

ORGANIC VEGETABLES

- Shallots (Netherlands)
- Jicama (Mexico)
- Zucchini Squash (Mexico)
- Tomatoes (Mexico)
- Brussels Sprouts (Mexico)
- Cucumber (Mexico)
- Bell Peppers (Mexico)
- Onions (USA-CA)

COMING SOON:

- Korean Melons (Mexico)
- GEM® Avocados (USA-CA)
- Hatch Onions (USA-NM)

Cjai Pixie Tangerines



Organic Ginger & Turmeric



Organic Yellow Potatoes



Basil Pesto



Kumquats



Cooked Quinoa



Costa Azul Hot Sauce



Purple Asparagus



White Asparagus



Kiwano Melons



Dutch Yellow® Potatoes w/ Four Cheese Sauce