



Week of 08/21/23



# SUMMER FIGS



Organic Starkrimson Pears



Tropical Avocados



Pomegranates



Quince

## FEATURED ITEMS:

- **Organic Starkrimson Pears (USA-OR):** Beautiful red skin with a fragrant and sweet white flesh. Available thru October with w/ pre-orders.
- **Tropical Avocados (Dominican Republic):** Creamy smooth flesh, perfect for spreads and dips. Great supplies with year-round availability.
- **Pomegranates (USA-CA):** Juicy and delicious with moderate supplies to start. Available w/ pre-orders thru Jan.
- **Quince (USA-CA):** This sweet-tart fruit is generally baked into delicious desserts. Good supplies thru November.
- **Asian Essentials (USA-CA):** Good supplies with year-round availability. Choy Sum/ Baby Bok Choy/ Bok Choy Leaves/ Napa Leaves
- **Daikon (USA-CA):** This Chinese Radish can be sliced into salads or diced and used as a condiment. Year-round availability.
- **Organic Assorted Squash (USA-CA):** Pre-order this perfect mix of popular squash to add color and variety.
- **Pine Nuts (Portugal):** Sprinkle in salads, parfaits or add to recipes. Good supplies with year-round availability.
- **Organic Red & Yellow Potatoes (USA-WA):** Add color to sides or salads with these creamy potatoes. New crop available.

## GOOD SUPPLIES:

### FRUITS

- Figs (USA-CA)
- Kiwano Melons (USA-CA)
- Grapes (USA-CA)
- Cara Cara Oranges (Chile)
- Finger Limes (USA-CA)
- Papayas (Mexico/ Brazil)
- Starfruit (USA-FL)
- Cherimoya (Chile)
- Sapūrana Mangos (Mexico)
- Rambutan (Guatemala)
- Dragon Fruit (Vietnam/ Ecuador)
- Elefante Green Gold™ Pineapples (Ghana)

### VEGETABLES

- Celery Root (USA-CA)
- Romanesco (USA-CA)
- Colored Cauliflower (USA-CA)
- Elephant Garlic (USA-CA)
- Sunflower Chokes (USA-CA)
- Dutch Yellow® Potatoes (USA-ID)
- Dutch Blue® Potatoes (USA-ID)
- Baby Broccoli (USA-CA)
- Aloe Vera (USA-CA)
- White Asparagus (Peru)
- Purple Asparagus (USA-WA/ Mexico)



Asian Essentials



Daikon



### ORGANIC ASSORTED SQUASH BIN

- Butternut
- Acorn
- Spaghetti
- Kabocha
- Delicata
- Carnival
- Red Kuri
- Buttercup

### ORGANIC FRUITS

- Jelly Drops® Grapes (USA-CA)
- White Apricots (USA-CA)
- Figs (USA-CA)
- Kiwi (Chile)
- Grapefruit (USA-CA)
- Limes (Mexico)
- Oranges (USA-CA)
- Plum Bites(USA-CA)

### ORGANIC VEGETABLES

- Green Beans (Mexico)
- Green Bell Peppers (Mexico)
- Tomatoes (Mexico)
- Cucumber (Mexico)
- Shallots (Netherlands)
- Murasaki Sweet Potatoes (USA-CA)
- Ginger Root (Peru)
- Turmeric (Fiji)

### COMING SOON:

- Passion Fruit (USA-CA)
- Organic Green Keitt (USA-CA)
- Chocolate Persimmons (USA-CA)
- Blood Oranges (Australia)
- Kiwi Berries (USA-OR)



Starfruit



Finger Limes



Horseradish



pine nuts

Pine Nuts



Organic Yellow Potatoes



Organic Red Potatoes