

Melissa's Market Update

@MelissasProduce

Week of 09/25/23



Tamale Kits



Starfruit



Sweet Limes



Pink Pumpkins



FEATURED ITEMS:

- **Tamale Kits:** Convenient and ready-to-use to make great tasting homemade tamales. Year-round availability in good supply.
- **Starfruit (Taiwan):** Delicious tropical to use as a garnish, on fruit platters or in drinks. Good supplies available thru April.
- **Sweet Limes (USA-CA):** Perfect to enhance drinks, recipes and more. Sweet-tart flavor. Moderate supplies thru June.
- **Pink Pumpkins (USA-CA):** Unique pink on the outside. Sales support Breast Cancer. Now available while supplies last.
- **Apple Pears (USA-CA):** Crisp, juicy and perfect for snacking and desserts. Now available thru November in our new 3ct clamshell.
- **XL Apples (USA-WA):** Juicy, crisp and delicious. New crop available now, with good supplies year-round. Honeycrisp/ Granny Smith/ Gala/ Fuji
- **Assorted Pearl Onions (USA-ID):** Pre-order now! Large 2.5 lb. holiday pack to use in all your favorite recipes. Available year-round.
- **Echalion Shallots (France):** Mild onion-like flavor. Add to omelets, sides and more. Pre-book now for good supplies.
- **Organic Green Beans (Mexico):** Fresh and delicious, perfect for sides, salads and casseroles. Good supplies now with year-round availability.
- **Dutch Red® Potatoes (USA-ID):** Creamy and versatile for sides, casseroles, salads and soups. New crop available in good supply.
- **Long Beans (USA-CA/ Mexico):** Crisp and versatile to use in stir-fries, salads and sides. Good supplies now with year-round availability.

GOOD SUPPLIES:

FRUITS

- Heirloom Figs (USA-CA)
- Black Mission Figs (USA-CA)
- Quince (USA-CA)
- Korean Melons (Mexico)
- Kiwi Berries (USA-OR)
- Kiwano Melons (USA-CA)
- Rambutan (Guatemala)
- Blood Oranges (Australia)
- Cara Cara Oranges (Chile)
- Elefante Green Gold™ Pineapples (Ghana)
- Tropical Avocados (Dominican Republic)
- Dragon Fruit (Vietnam/ Ecuador)
- Chocolate Persimmons (USA-CA)
- Waterloupes (Mexico)

VEGETABLES

- Fall Ornamentals & Pumpkins (USA-CA)
- Hard Squash (USA-CA)
- Baby Bok Choy (USA-CA)
- Okinawa Sweet Potatoes (USA-CA/HI)
- Dutch Potatoes (USA-ID)
- Okra (USA-CA)
- Celery Root (USA-CA)
- Elephant Garlic (USA-CA)
- Sunflower Chokes (USA-CA)



Echalion Shallots



Apple Pears



XL Apples



Assorted Pearl Onions

ORGANIC FRUITS

- Magenta Dragon Fruit (USA-CA)
- Mango Green Keitt (USA-CA)
- Warren Pears (USA-CA)
- Figs (USA-CA)
- Kiwi (Chile)
- Limes (Mexico)
- Papaya (Mexico)

ORGANIC VEGETABLES

- Shallots (Netherlands)
- Tomatoes (Mexico)
- Turmeric (Fiji)
- Ginger (Peru)
- Assorted Squash Bin (USA-CA)
- Red & Yellow Potatoes (USA-WA)
- Murasaki Sweet Potatoes (USA-CA)
- Baby Yams (USA-CA)

COMING SOON:

- Melissa's Wrappers (USA)
- Brussels Sprouts Stalks (USA-CA)
- Seedless Lemons (USA-CA)
- Feijoa (USA-CA)
- Fuyu Persimmons (USA-CA)
- Lady Apples (USA-CA)



Organic Green Beans



Dutch Red® Potatoes



Long Beans