Market Update

@MelissasProduce

Week of 10/13/25

Onions & Potatoes

FEATURED ITEMS:

- **Pummelos (USA–CA):** Bursting with sweet-tart flavor. Enjoy fresh or in winter citrus salads thru January.
- **Yellow Watermelon (Mexico):** New crop! Bright, sweet, and sunny; great for fruit platters or desserts thru March.
- **Starburst Pummelos (USA–FL):** These sweet, aromatic citrus fruits are delicious segmented in fruit bowls or juiced from October to January.
- **Sweet Limes (USA–CA):** Mild and low-acid, perfect for juicing or slicing into drinks thru June.
- **Hachiya Persimmons (USA–CA):** Popular honey-sweet baking variety that is best when fully ripe. Use for puddings, breads, or smoothies thru November.
- **Belgian Endive (USA–CA):** Tender and slightly bitter; ideal for salads, appetizers, or gourmet dips year-round.
- **Green Dragon® Apples (USA–OR/WA):** Sweet and crispy, makes them great for eating out of hand or slicing into salads thru December.
- **Hidden Rose Apples® (USA–OR/WA):** These blush-pink apples add a crisp, tangy-sweet pop to cheese boards or baked treats. Available thru November.
- **Lady Apples (USA–CA):** This petite holiday favorite is delicious when enjoyed roasted with meats or displayed in festive décor thru January.
- **Mini Cucumbers (Mexico):** Crisp and refreshing; perfect for snacking, salads, or pickling thru November.
- **Brussels Sprout Stalks (USA–CA):** Available thru November, perfect to roast whole on the stalk for a stunning holiday side.

Pummelos

Yellow Watermelon

Starburst Pummelos

Sweet Limes

GOOD SUPPLIES:

FRUITS

- Figs (USA-CA)
- K-Grapes™ (South Korea)
- Specialty Citrus (USA-CA)
- Cherimoya (USA-CA)
- Cara Cara Oranges (Australia)
- Midnight Watermelon (Mexico)
- Bi-Color Muscato™ (USA-CA)
- EZ Open Open Young Sweet Coconut (Thailand)
- Starfruit (USA/FL)
- Blood Oranges (Australia)
- Kiwano Melons (USA-CA)
- Passion Fruit (USA-CA/ FL)
- Finger Limes (USA-CA)
- Buddha's Hand (USA-CA)
- Hunnyz® Apples (USA-WA)

VEGETABLES

- Sweet Potatoes (USA-CA)
- Perfect Sweet Onions (USA-CA)
- Dutch Potatoes (USA-ID)
- Chayote Squash (Mexico)
- Elephant Garlic (USA-CA)
- Onions (USA-ID)
- Shallots (USA-ID)
- Okra (USA-CA)

Hachiya Persimmons

Belgian Endive

Green Dragon® Apples

Hidden Rose Apples®

ORGANIC FRUITS

- EZ Open Sweet Young Coconut (Thailand)
- Pears (USA-CA)
- Brown Coconuts (Mexico)
- Lemons (USA-CA/Mexico)
- Papaya (Mexico)
- Avocados (Mexico)
- Coconut Slices (Mexico)

Kiwano Melons

ORGANIC VEGETABLES

- Shallots (Netherlands)
- Veggie Sweet Peppers (Mexico)
- Jalapeno Peppers (Mexico)
- Baby Potatoes (USA-CA)
- Green Beans (Mexico)
- Garlic (USA-CA)
- Onions (USA-CA)
- Ginger Root (Peru)

Starfruit

Lady Apples

Mini Cucumber

COMING SOON:

- Organic Sweet Pumpkin Persimmons (USA-CA)
- Cardoni (USA-CA)
- Seedless Lemons (USA-CA)
- Butterscotch Pears™ (South Korea)
- Melogold Grapefruit (USA-CA)
- Purple Brussel Sprouts (USA-CA)

Brussels Sprout Stalks