



Week of 10/21/2024



MICROWAVEABLE SWEET POTATOES

ORGANIC BABY SWEET POTATOES



FEATURED ITEMS:

- **Hidden Rose Apples® (USA-CA):** Unique red-flesh makes this perfect for slicing and dipping. Good supplies thru November.
- **Opal® Apples (USA-WA):** Perfect for on-the-go, sliced apples do not turn brown. Good supplies thru May.
- **Gaya Melons (Mexico):** Mildly sweet with hints of pear and banana. Good supplies on the fall/winter crop thru December.
- **Korean Melons (Mexico):** Delicious served chilled on platters, in fruit salads or as a garnish. Good supplies on the fall/winter crop thru December.
- **Watermelons (Mexico):** Dripping with sweet juice, popular for snacking, and fruit salads. Good supplies on the fall/winter crop thru December.
- **Melogold (USA-CA):** Delicious cross between a pummelo and white grapefruit. Good supplies thru January.
- **Chinese Long beans (Mexico/ USA-CA):** Popular in Asian cuisine, steam, boil, or stir-fry for added texture and flavor. Year-round availability, good supplies now.
- **Brussels Sprouts Stalks (USA-CA):** Moderate supplies to start on these beautiful stalks offering the freshest sprouts. Pre-order now, available thru mid-December.

GOOD SUPPLIES:

FRUITS

- Precious Honeyglow® Pineapples (Costa Rica)
- Mangos (Vietnam)
 - R2E2 / Pink Elephant/ Golden Elephant
- Sweet Young Coconuts (Thailand)
- Green Dragon® Apples (USA-WA/OR)
- Edward Mango (Peru)
- Pomegranates (USA-CA)
- Pummelo (USA-CA)
- Kiwano Melons (USA-CA)
- Heirloom Figs (USA-CA)
- Modi® Apples (USA-CA)
- Lady Apples (USA-CA)
- Muscato™ Grapes (USA-CA)
- Sweet Limes (USA-CA)
- Fuyu Persimmons (USA-CA)
- Specialty Citrus (USA-CA)
- Rambutan (Guatemala)
- Blood Oranges (Australia)



Yellow Watermelons



Black Beauty Watermelons



Melogold

ORGANIC FRUITS

- Papayas (Mexico)
- Lemons (Mexico)
- Ambrosia Apples (Canada)
- Pineapples (Costa Rica)
- Green Keitt Mango (USA-CA)
- EZ Open Coconut (Thailand)
- Baby Apple Medley (USA-CA)



Chinese Longbeans



Precious Honeyglow® Pineapples

ORGANIC VEGETABLES

- Baby Sweet Potatoes (USA-CA)
- Baby Potatoes (USA-WA)
- Honeynut Squash (USA-CA)
- Cucumber (Mexico)
- Shallots (Netherlands)
- Zucchini (Mexico)
- Tomatoes (Mexico)
- Green Beans (Mexico)
- Bell Peppers (Mexico)



Brussels Sprouts Stalks



Lady Apples

COMING SOON:

- Feijoas (USA-CA)
- Chestnuts (Korean)
- Oro Blanco (USA-CA)
- Organic Mega Kiwi (USA-CA)
- Lychee (South Africa)
- Crimson Gold Apples (USA-CA)
- Organic Sweet Pumpkin Persimmons (USA-CA)



Fuyu Persimmons



Hidden Rose Apples®



Opal® Apples



Gaya Melons



Korean Melons