



Week of 12/01/25



Okra



Red Heart K-Grapes™



K-Grapes™



Royal Vine Grapes



Organic Ginger & Turmeric



FEATURED ITEMS:

- **Okra (Honduras):** Available December thru May with good supplies, perfect for frying, stews, and gumbo.
- **Red Heart K Grapes™ (South Korea):** Available November thru December with good supplies, a luxury grape perfect for cheese boards and premium displays.
- **K Grapes™ (South Korea):** Available thru April with good supplies. This high-end grape is excellent for snacking, entertaining, and upscale plating.
- **Royal Vine Grapes (South Korea):** Available thru January with good supplies, a luxury grape perfect for charcuterie and dessert pairings.
- **Organic Ginger & Turmeric (Peru/Fiji):** Immunity Booster available year-round with good supplies now, ideal for teas, juices, and wellness shots.
- **Oro Blanco (USA CA):** Limited supplies available thru December, delicious for fresh eating and citrus salads.
- **Chinese Eggplant (Mexico):** Available year-round with good supplies, ideal for stir fries, grilling, and curries.
- **Japanese Eggplant (Mexico):** Available year-round with good supplies, great for roasting, sautéing, and miso-glazed dishes.
- **Bitter Melon (Mexico):** Available year-round with good supplies; commonly used in sautés, soups, and traditional Asian dishes.
- **Bok Choy (USA CA):** Available year-round with good supplies, excellent for stir fries, soups, and quick sautéed sides.
- **Long Sweet Peppers (Mexico):** New crop with good supplies December thru May, perfect for roasting, stuffing, and grilling.
- **Gourmet Caramel Apples:** Chocolate & Almond Lover's available while supplies last. Great for gifting or seasonal displays.



Long Sweet Peppers

GOOD SUPPLIES:

FRUITS

- Starfruit (USA-FL)
- Sand Pears (China)
- Lady Apples (USA-CA)
- XL Apples (USA-WA)
- Seedless Lemons (USA-CA)
- Green Dragon® Apples (USA-OR/WA)
- Butterscotch™ Pears (South Korea)
- Heirloom Navel Oranges (USA-CA)
- R2E2 Mangos (Australia)
- Kiwano Melons (USA-CA)
- Cocktail Grapefruit (USA-CA)
- Cherimoyas (Chile)



Oro Blanco



Chinese Eggplant



Japanese Eggplant



Bok Choy



Bitter Melon

ORGANIC FRUITS

- EZ Open Sweet Young Coconut (Thailand)
- Pears (USA-OR)
- Papaya (Mexico)
- Kiwi (USA-CA)
- Mangos (Ecuador)
- Apples (USA-CA)
- Navel Oranges (USA-CA)



Kiwano Melons

ORGANIC VEGETABLES

- Baby Sweet Potatoes (USA-CA)
- Bell Peppers (Mexico)
- Russet Potatoes (USA-CA/CO)
- Shallots (Netherlands)
- Green Beans (Mexico)
- Onions (USA-CA)
- Baby Potatoes (USA-WA)

COMING SOON:

- Ugli Fruit (Jamaica)
- Muscato™ Grapes (Peru)
- Candy Heart® Grapes (Peru)
- Black-eyed Peas (USA) ***Pre-Book Now!***



Gourmet Caramel Apples



Cherimoya



Starfruit