

melissa's Market Update

@MelissasProduce

Week of 12/28/2020



Steamed AND READY TO EAT



Organic Shishito Peppers



Organic Eggplant



Organic Cilantro



Organic Cara Cara Oranges

FEATURED ITEMS:

- **Melissa's Steamed Line:** Convenient and ready-to-use as an ingredient or side for healthy meals. Available year-round.
- **Organic Shishito Peppers (USA-CA):** This versatile pepper can be hot or mild... Use in stir-fries or appetizers. Great supplies thru February.
- **Organic Eggplant (Mexico):** Delicious prepared as a dip, side dish or sauté, good supplies thru March.
- **Organic Cilantro (USA-CA):** Good supplies year-round on this popular herb used to flavor or garnish any dish.
- **Organic Cara Cara Oranges (USA-CA):** Moderate supplies thru March on these red-fleshed navels that are perfect for juicing or snacking.
- **Organic Sweet Young Coconuts (Thailand):** Good supplies year-round on this refreshing all-natural water!
- **Neapolitan® Tangerines (USA-CA):** Great supplies thru January on these easy-to-peel, seedless flavor-packed citrus.
- **Butterscotch™ Pears (South Korea):** Great supply while they last (thru March) on this crisp, juicy apple-pear.

WHAT'S HAPPENING:

FRUITS

- Muscato™ Grapes (Peru)
- Sharon Fruit (Spain)
- Blood Oranges (USA-CA)
- Cara Cara Oranges (USA-CA)
- Kishu Mandarins (USA-CA)
- Cocktail Grapefruit (USA-CA)
- Melogolds (USA-CA)
- Pummelos (USA-CA)
- Heirloom Navel Oranges (USA-CA)
- White Dragon Fruit (Ecuador)
- Yellow Dragon Fruit (Ecuador)



Organic Sweet Young Coconuts

ORGANIC FRUITS

- Organic EZ Open Coconut (Thailand)
- Crimson Gold Apples (USA-CA)
- Navel Oranges (USA-CA)
- Grapefruit (USA-CA)
- Lemons (USA-CA)
- Kiwi (USA-CA)

ORGANIC VEGETABLES

- Green Cabbage (USA-CA)
- Zucchini (Mexico)
- Yellow Squash (Mexico)
- Cucumber (Mexico)
- Bell Peppers (Mexico)
- Onions (USA-CA)
- Baby Sweet Potatoes (USA-CA)
- Baby Yams (USA-CA)



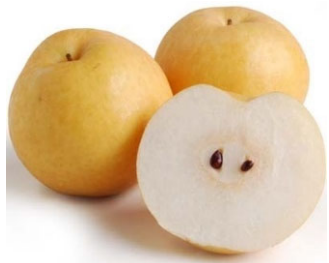
Purple Artichokes



Neapolitan® Tangerines

VEGETABLES

- Brussel Sprout Stalks (USA-CA)
- Turnips (USA-CA)
- Rutabagas (USA-CA)
- Radicchio (USA-CA)
- Purple Artichokes (USA-CA)
- Purple Brussels Sprouts (Mexico)
- Onions (USA-ID):
 - Pearl – Boiler – Cipolline – Shallots
- Potatoes (USA-ID):
 - Baby Dutch Yellow® - Fingerling Medley - Gemstone® - Baby Purple - Ruby Gold® - Red, White & Blue Medley - Dutch Yellow® Peewee - Peewee Medley



Butterscotch™ Pears

COMING SOON

- Maui Onions (USA-HI)
- Rojo Brillante – Persimmons (Spain)
- Candy Heart® Grapes (Peru)
- Passion Fruit (New Zealand)
- Kiwano Melons (Chile/ New Zealand)
- Rhubarb (USA-WA)
- Kumquats (USA-CA)



Cipolline Onions