

melissa's® Market Update

@MelissasProduce

Week of 01/02/23



Steamed AND READY TO EAT

FEATURED ITEMS:

- **Melissa's Steamed Line:** Good supplies with year-round availability on these versatile ingredients. Use for salads, soups or sides.
- **Organic Veggie Sweet Peppers (Mexico):** Crisp and delicious; perfect for dipping, salads or garnishing. Good supplies thru March on new crop product.
- **Cauliflower (USA-AZ):** New crop with good supplies thru March. Add excitement to platters and sides with these colorful vegetables.
- **Watermelon Radish (Mexico):** Good supplies now with year-round availability on this colorful veg, perfect for appetizers and salads.
- **Romanesco (USA-AZ):** Good supplies thru March on this new crop veg. Unique shape for a fun side or for platters.
- **Organic Papayas (Mexico):** Juicy and full-flavor. Good supplies for the next few months with year-round availability.
- **Grapes (Peru):** Perfect for snacking or on-the-go. New crop with good supplies thru April. Red Muscato™ / Candy Hearts®/Cotton Candy®
- **Cherries (Tasmania):** Good supplies for the next 6 weeks on these new crop full-flavored cherries. Great for snacking or baking.
- **Soyrizo/ Soy Taco:** Easy-to-use for tacos, omelets, salads and more. Year-round availability in good supplies.
- **Jalapeno Relish (Mexico):** New! Delicious condiment for eggs, toppings, salads and more. Available year-round.

GOOD SUPPLIES:

FRUITS

- Lychees (South Africa)
- Cocktail Grapefruit (USA-CA)
- Cara Cara Oranges (USA-CA)
- Blood Oranges (USA-CA)
- Kishu Mandarins (USA-CA)
- Key Limes (Mexico)
- Neapolitan® Tangerines (USA-CA)
- Dragon Fruit (Vietnam/ Ecuador)
- Sweet Young Coconuts (Thailand)
- Butterscotch™ Pears (South Korea)
- Pomegranate Arils (USA-CA)
- Passion Fruit (USA-FL)
- Charentais Melons (Dominican Republic)
- Kiwano Melons (USA-CA)
- Sharon Fruit (Spain)



Romanesco



Lychees



Cotton Candy®
Grapes



Organic Papayas



Red Muscato™ Grapes



Candy Hearts® Grapes

ORGANIC FRUITS

- Kiwi (USA-CA)
- Grapefruit (USA-CA)
- Lemons (USA-CA)
- Papaya (Mexico)
- Limes (Mexico)
- Navel Oranges (USA-CA)
- Ambrosia Apples (Canada)
- EZ Open Coconuts (Thailand)

ORGANIC VEGETABLES

- Baby Potatoes (USA-WA/CO)
- Yellow Squash (Mexico)
- Green Bell Peppers (Mexico)
- Cucumber (Mexico)
- Zucchini (Mexico)
- Onions (USA-CA)
- Baby Yams (USA-CA)
- Shallots (USA-WA)

COMING SOON:

- Passion Fruit (New Zealand)
- Green Muscato™ Grapes (Peru)
- Pixie Tangerines (USA-CA)
- Kiwi Berries (New Zealand/ Chile)
- Feijoa (New Zealand)



Tasmanian
Cherries



Soyrizo



Soy Taco



Jalapeno Relish



Organic Veggie Sweet
Peppers



Cauliflower



Watermelon Radish