

# melissa's Market Update

@MelissasProduce



Week of 10/24/22



## FEATURED ITEMS:

- **Butterscotch™ Pears (South Korea):** Crisp and juicy, perfect for snacking, baking or salads. Now available in good supplies thru March.
- **Organic Sweet Pumpkin Persimmons (USA-CA):** Sweet, creamy flesh delicious for desserts or garnishes. Moderate supplies thru November.
- **Hunnyz Apples (USA-WA):** Slice, dice, or purée for desserts, sauces or snacks. Good supplies thru May.
- **Pummelos (USA-CA):** This jumbo grapefruit is mildly sweet, and available in good supply thru January.
- **Organic Grapefruit (USA-CA):** Perfect for breakfast, fruit salads or desserts. Good supplies thru July.
- **Tejocote (Mexico):** This sour, tangy fruit is available in moderate supplies with pre-orders thru December.
- **Organic Crimson Gold Apples (USA-Ca):** Crunchy, full-flavored, with good supplies thru December.
- **Sweet Limes (USA-CA):** Add a squeeze to your favorite dishes to enhance flavor. Moderate supplies thru March.
- **Organic Artichokes (USA-CA):** Good supplies now until the first frost on these leafy vegetables, perfect for dipping.
- **Anise/ Fennel Bulbs (USA-CA):** Delicious licorice flavor, for soups, salads and more. Available year-round, with good supplies.
- **Horseradish (USA-WA):** Add a touch of heat to recipes with this fresh root. Available year-round, with good supplies now.

## GOOD SUPPLIES:

### FRUITS

- Guava (Mexico)
- Persimmons (USA-CA)
- Rambutan (Guatemala)
- Pomegranate Arils (USA-CA)
- Seedless Lemons (USA-CA)
- Kiwano Melons (USA-CA)
- Blood Oranges (Australia)
- Sweet Young Coconuts (Thailand)
- Modi Apples (USA-CA)
- XL Apples (USA-WA)
- Cherimoya (Chile)



Tejocote



Organic EZ Open Sweet Young Coconuts



Organic Crimson Gold Apples



Sweet Limes

### ORGANIC FRUITS

- EZ Open Coconuts (Thailand)
- Ambrosia Apples (USA-WA)
- Cranberries (Canada)
- Warren Pears (USA-CA)
- Lemons (USA-CA)
- Pears (USA-CA)
- Papaya (Mexico)
- Limes (Mexico)

### ORGANIC VEGETABLES

- Shallots (Netherlands)
- Assorted Squash Bin (USA-CA)
- Baby Potatoes (USA-CA)
- Fingerling Medley Potatoes (USA-WA)
- Baby Yams (USA-CA)
- Onions (USA-CA)

### COMING SOON:

- Crab Apples (USA-CA)
- Hidden Rose Apples (USA-OR)
- Charentais Melons (Dominican Republic)
- Gaya/ Asaki/ Korean Melons (Mexico)
- Purple Brussels Sprouts (Mexico)
- Org. Cinnamon Persimmons (USA-CA)



Organic Sweet Pumpkin Persimmons



Hunnyz Apples



Pummelos



Organic Grapefruit



Organic Artichokes



Anise



Fennel Bulbs



Horseradish

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