



Week of 11/23/2020



Cooked Quinoa



Echalion Shallots



Turnips



Organic Bell Peppers



Passion Fruit

FEATURED ITEMS:

- **Cooked Quinoa:** This perfect pantry item is available year-round. Ready-to-use in recipes for added nutty flavor and texture.
- **Echalion Shallots (USA-OR/ France):** Mild and easy-to-use, just peel and dice into your favorite recipe for a mild onion-garlic flavor. Now thru March.
- **Turnips (USA-OR):** New crop, with great supplies. Generally cooked and eaten just like a potato.
- **Organic Bell Peppers (Mexico):** Good supplies on Yellow, Red, & Orange. Slice and serve raw with dips, or stuff and bake for a colorful meal.
- **Organic Grapefruit (USA-CA):** New crop thru August on this sweet-tart citrus. Generally eaten for breakfast, but can be enjoyed anytime.
- **Passion Fruit (USA-FL):** This unusually tart fruit is used in drinks, smoothies and sauces. Available thru December.
- **Tai Nung Papayas (Mexico):** Year-round good supplies on this juicy fruit, perfect for smoothies, fruit platters and snacking.
- **Gaya Melons (Mexico):** Good volume thru March on this honeydew-like melon. Serve sliced on fruit platters or fruit salads.
- **Loquat (Chile):** Available for the next 3 weeks! Also known as a Japanese Plum, loquats have overtones of apricot, plum and cherry.

WHAT'S HAPPENING:

FRUITS

- Starfruit (USA-FL)
- Melogolds (USA-CA)
- Pummelos (USA-CA)
- Crab Apples (Canada)
- Lady Apples (USA-WA)
- Hidden Rose Apples (USA-OR)
- Green Dragon® Apples (USA-OR)
- Butterscotch™ Pears (South Korea)
- Cocktail Grapefruit (USA-CA)
- Specialty Citrus (USA-CA)
- Yellow Watermelon (Mexico)
- Hachiya & Fuyu Persimmons (USA-CA)
- Yellow Dragon Fruit (Ecuador)
- White Dragon Fruit (Ecuador/ Vietnam)



Tai Nung Papayas



Gaya Melons



Loquats

ORGANIC FRUITS

- Arkansas Black Apples (USA-CA)
- Satsuma Tangerines (USA-CA)
- Navel Oranges (USA-CA)
- Mangos (Ecuador)
- Ambrosia Apples (Canada)
- Kiwi (USA-CA)
- Avocado (Mexico)



Organic Grapefruit

ORGANIC VEGETABLES

- Brussels Sprouts (Mexico)
- Yellow & Red Potatoes (USA-WA)
- Onions (USA-CA)
- Baby Sweet Potatoes (USA-CA)
- Baby Yams (USA-CA)
- Zucchini Squash (Mexico)
- Hard Squash (USA-CA/ Mexico)



Melissa's Edamame

COMING SOON

- Kishu Mandarins (USA-CA)
- Heirloom Navels (USA-CA)
- Cara Cara Oranges (USA-CA)
- Mangos (Australia)
- Lychee (South Africa)
- Blood Oranges (USA-CA)



Purple Brussels Sprouts