

melissa's Market Update

@MelissasProduce



Week of 11/28/22



**Creamy & Grated
Horseradish**



Lychees



Pinkglow® Pineapples



Red Long Sweet Peppers

FEATURED ITEMS:

- **Creamy & Grated Horseradish:** Year-round availability on this flavorful condiment. Use with meat, fish or poultry. In stock now.
- **Lychees (South African):** New crop available thru January on this sweet, juicy tropical. Pre-book while available.
- **Pinkglow® Pineapples (Costa Rica):** Sweet, low acid and delicious. Available year-round. Good supplies now.
- **Red Long Sweet Peppers (Mexico):** Good supplies now on these colorful peppers; perfect for platters or garnishes. Available year-round.
- **Turnips (USA-MI):** Delicious baked or sautéed. Good supplies now.
- **Pul Qua-Opo Squash (USA-CA/ Mexico):** Perfect for stir-fries. Year-round with good supplies now.
- **Organic Celery (USA-CA):** Crisp and crunchy for recipes, dips or snacks. Year-round.
- **Organic Baby Yams (USA-CA):** Creamy and delicious. Available year-round in good supply.
- **Organic Onions (USA-CA/ Mexico):** Good supplies year-round on these versatile onions.

GOOD SUPPLIES:

FRUITS

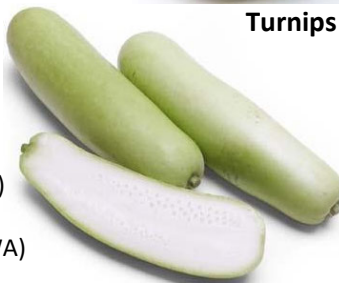
- Calypso Mangos (Australia)
- Kishu Mandarins (USA-CA)
- Lady Apples (USA-OR)
- Cocktail Grapefruit (USA-CA)
- Seedless Lemons (USA-CA)
- Korean Melons (Mexico)
- Gaya Melons (Mexico)
- Dragon Fruit (Ecuador)
- Guava (Mexico)
- Pummelos (USA-CA)
- Cherimoya (Chile)
- Green Dragon® Apples (USA-OR)
- Sweet Young Coconuts (Thailand)
- Butterscotch™ Pears (South Korea)



Cocktail Grapefruit



Turnips



Pul Qua-Opo Squash

VEGETABLES

- Cardoni (USA-CA)
- Baby Artichokes (USA-CA)
- Elephant Garlic (USA-CA)
- Yams (USA-CA)
- White Asparagus (Peru)
- Watermelon Radish (Mexico)
- Potatoes (USA-ID)
- Baby Baker Potatoes (USA-WA)
- Onions (USA-ID)
- Sunflower Chokes (USA-CA)

ORGANIC FRUITS

- Navel Oranges (USA-CA)
- Kiwi (USA-CA)
- Crimson Gold Apples (USA-CA)
- Ambrosia Apples (USA-WA)
- EZ Open Coconuts (Thailand)
- Cranberries (Canada)
- Lemons (USA-CA)
- Papaya (Mexico)
- Limes (Mexico)

ORGANIC VEGETABLES

- Cucumber (Mexico)
- Zucchini (Mexico)
- Yellow Squash (Mexico)
- Baby Potatoes (USA-CA)
- Onions (USA-CA)
- Baby Yams (USA-CA)
- Jalapeno (Mexico)
- Shallots (Netherlands)

COMING SOON:

- Purple Asparagus (Peru)
- Org. Trimmed Leeks (USA-CA)
- Blood Oranges (USA-CA)
- Neapolitan® Tangerines (USA-CA)
- Heirloom Navel Oranges (USA-CA)
- Black-eyed Peas (USA-CA)



Organic Celery



Organic Baby Yams



Organic Onions