

Week of 03/08/2021

melissa's
organic



Organic Ginger



Organic Green Beans



Romano Beans



Fava Beans



Ojai Pixie Tangerines

FEATURED ITEMS:

- **Organic Ginger (Peru):** Add flavor with a touch of spice to any recipe. Great for juicing, too. Good supplies now with year-round availability.
- **Organic Green Beans (Mexico):** Year-round availability on these fresh, crisp beans. Perfect for sides and casseroles. Good supplies now.
- **Romano Beans (Mexico):** Good supplies thru Spring on these chubby green beans that are perfect for sides. Steam, sauté or use in soups and casseroles.
- **Fava Beans (Mexico):** Generally eaten cooked, these large beans (aka broad beans) are delicious in Mediterranean foods. Good supplies thru Spring.
- **Seedless Lemons (USA-CA):** Good supplies now on this versatile citrus available year-round. Use as a garnish, or add flavor to drinks and recipes.
- **Baby Broccoli (USA-CA):** Good supplies now on this year-round crop. Delicate and delicious for side dishes, omelets, soups and casseroles.
- **Purple Artichokes (Mexico):** Colorful and delicious when steamed for an appetizer. Good supplies thru Spring.
- **Cardoni (USA-CA):** Looking like flat celery but tasting like an artichoke, Cardoni can be enjoyed thru Easter.

WHAT'S HAPPENING:

FRUITS

- Ojai Pixie Tangerines (USA-CA)
- Gold Nugget™ Tangerines (USA-CA)
- Jackfruit Pods (Mexico)
- Red Dragonfruit (Vietnam)
- White Dragonfruit (Ecuador)
- Yellow Dragonfruit (Ecuador)
- Red Muscato™ Grapes (Chile)
- Cotton Candy® Grapes (Peru)
- Candy Heart® Grapes (Chile)
- Charentais Melons (Dominican Republic)
- Starfruit (Taiwan)
- Jackfruit (Mexico)
- Kumquats (USA-CA)
- Pomegranates (Chile)
- Guava (Mexico)



Ojai Pixie Tangerines



Kumquats

Seedless Lemons



Baby Broccoli

ORGANIC FRUITS

- Gold Pineapples (Costa Rica)
- Bartlett Pears (Argentina)
- Mandarins (USA-CA)
- Avocado (Mexico)
- Papaya (Mexico)
- Mangos (Peru)
- Navel Oranges (USA-CA)
- EZ Open Coconut (Thailand)
- Grapefruit (USA-CA)
- Lemons (USA-CA)



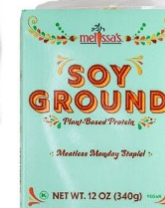
Purple Artichokes



Cardoni

ORGANIC VEGETABLES

- Bell Peppers (Mexico)
- Brussels Sprouts (Mexico)
- Jalapenos (Mexico)
- Shallots (Netherlands)
- Zucchini Squash (Mexico)
- Darkloom Tomatoes (Mexico)
- Red & Yellow Potatoes (USA-WA)
- Baby Peeled & Cut Carrots (USA-CA)



COMING SOON

- Quince (Chile)
- Feijoa (New Zealand)
- Asian Pears (Chile)
- Ginger (Thailand)



LENT ESSENTIALS

- Soyrizo
- Soy Taco
- Soy Ground
- Almond Cheese
- Steamed Line
- Edamame
- Cooked Quinoa
- Onions
- Potatoes