



## ASIAN ESSENTIALS

Week of 04/12/2021

### FEATURED ITEMS:

- **Bagged Asian Essentials:** Perfect for stir-fries, add your favorite protein for a quick and healthy meal. Ready for retail, available year-round.
- **Seedless Lemons (USA-CA):** Add a squeeze of flavor to drinks, seafood, poultry and salads. Good supplies thru June; available year-round.
- **Spicy Edamame (Thailand):** Great for snacking-just heat and eat! Year-round availability with good supplies now.
- **Sweet Limes (USA-CA):** Good supplies now thru June on this juicy citrus perfect for enhancing entrees, desserts and drinks.
- **Jackfruit Pods (Mexico):** Ready-to-eat! All the work is done making them perfect for snacking or using in recipes. Good supplies now.
- **Carob Pods (Italy):** Generally used in desserts, powdered, chipped or made into syrup. In stock now!
- **Trimmed Leeks (USA-CA):** Year-round, good supplies on this new item! 2 count ready-to-use for soups, salads, casseroles.
- **Organic Grape Tomatoes (Mexico):** Good supplies now and perfect for fresh salads, sauces or snacking.
- **Organic Baby Heirloom Tomatoes (Mexico):** Good supplies now on this versatile, full-flavored tomato.

### WHAT'S HAPPENING:

#### FRUITS

- Coconuts (Mexico)
- Pink Lemons (USA-CA)
- Feijoas (New Zealand)
- Asian Pears (Chile)
- Jackfruit Pods (Mexico)
- Jackfruit (Mexico)
- Goldenberries (Colombia)
- Pomegranates (Chile)
- Quince Pineapples (Chile)
- Dragonfruit (Ecuador/ Vietnam)
- Charentais Melons (Dominican Republic)
- Blood Oranges (USA-CA)
- Ojai Pixie Tangerines (USA-CA)
- Ugli Fruit (Jamaica)



Ojai Pixie Tangerines



Jackfruit Pods



Trimmed Leeks

#### ORGANIC FRUITS

- Grapefruit (USA-CA)
- Limes (Mexico)
- Lemons (USA-CA)
- Navel Oranges (USA-CA)
- Gold Pineapples (Costa Rica)
- Bartlett Pears (Argentina)
- Yellow Dragonfruit (Ecuador)
- Papaya (Mexico)



Carob Pods

#### ORGANIC VEGETABLES

- Red Beets (Mexico)
- Brussels Sprouts (Mexico)
- Mini Cucumbers (Mexico)
- Duet Bell Peppers (Mexico)
- White Onions (Mexico)
- Yellow Squash (Mexico)
- Veggie Sweet Peppers (Mexico)



Organic Grape Tomatoes



Organic Baby Heirloom Tomatoes

#### VEGETABLES

- Ramps (USA-OR/WA)
- Fiddleheads (USA-OR)
- Green Kohlrabi (USA-CA)
- Fennel Bulb (USA-CA)
- Heirloom Tomatoes (Mexico)
- Baby Broccoli (USA-CA)
- Baby Purple Potatoes (USA-ID)
- Cipolline Onions (USA-ID)



Organic Papayas



Sweet Limes



Spicy Edamame



Seedless Lemons

### COMING SOON

- Fuyu Persimmons (Chile)
- Field Rhubarb (USA-WA)
- Lychees (Mexico)
- Red Tamarillos (New Zealand)
- Cactus Pears (Mexico)
- Lychee (Mexico)