



Week of 04/25/22



NEW CROP/ FEATURED ITEMS:

- **Dried Mushrooms (France):** Pantry item, available year-round. Perfect for stir-fries, appetizers and sides.
- **Organic Mini Cucumbers (Mexico):** Perfect for dipping, salads or pickling. New crop with availability year-round.
- **Organic Shallots (Netherlands):** Use like an onion, but taste is milder and sweeter. New crop, available year-round.
- **Organic Ume Plums (USA-CA):** Generally not eaten raw, but salted or fermented for use in drinks or recipes. Limited crop, available next 2-3 weeks.
- **Green Daikon (Mexico):** Good supplies thru May on this crisp, green-fleshed vegetable. Use in stir-fries, hors d'oeuvres or in salads.
- **Sweet Young Coconut (Thailand):** Year-round availability with good supplies now on this thirst-quenching coconut filled with delicious water.
- **Kiwano Melons (New Zealand):** Good supplies thru July on this orange-spiked fruit. High in potassium and great addition to fruit salad.
- **Asaki Melons (Mexico):** New crop in good supply now thru June on this juicy melon perfect for two.
- **Cooked Edamame (Thailand/ China):** Versatile for snacking, salads and stir-fries, available year-round. Available in conventional & organic.

GOOD SUPPLIES:

FRUITS

- Feijoas (New Zealand)
- Asian Pears (Chile)
- Jackfruit (Mexico)
- Black Mission Figs (Chile)
- Gaya Melons (Mexico)
- Korean Melons (Mexico)
- White Dragon Fruit (Ecuador)
- Tree Ripened Mangos (Mexico)
- GEM® Avocados (USA-CA)
- Seedless Lemons (USA-CA)
- Pink Lemons (USA-CA)
- Cotton Candy® Grapes (Chile)
- Candy Heart® Grapes (Chile)



Sweet Young Coconut

ORGANIC FRUITS

- Mangos (Mexico)
- Kiwi (USA-CA)
- Lemons (USA-CA)
- Grapefruit (Mexico)
- Papayas (Mexico)

ORGANIC VEGETABLES

- Ginger Root (Peru)
- Jalapenos (Mexico)
- Jicama (Mexico)
- Veggie Sweet Peppers (Mexico)
- Zucchini (Mexico)
- Yellow Squash (Mexico)



Feijoas



Cooked Edamame

VEGETABLES

- Fiddlehead Ferns (USA-OR/ Canada)
- Veggie Sweet Peppers (Mexico)
- Colored Cauliflower (USA-CA)
- Ramps (USA-OR/WA)
- Rhubarb (USA-WA)
- Purple Asparagus (Peru)
- White Asparagus (Peru)
- Aloe Vera (Mexico)
- Shallots (USA-ID)
- Green Kohlrabi (USA-CA)



Kiwano Melons



Asaki Melons

COMING SOON – PLAN NOW!

- Quince (Chile)
- Organic Murta Berries (Chile)
- Rambutan (Guatemala)
- Passion Fruit (USA-FL)
- Fuyu Persimmons (Chile)
- Super-Hot Peppers (Netherlands)
- Organic Melons (Mexico)
- Lychee (Mexico)
- Organic Apricots (USA-CA)
- Red Tamarillos (New Zealand)



GEM® Avocados



Aloe Vera



Organic Mini Cucumbers



Organic Shallots



Organic Ume Plums



Green Daikon