

melissa's Market Update

@MelissasProduce



Week of 08/01/22

NEW CROP/ FEATURED ITEMS:

- **De Arbol Peppers (Mexico):** Fresh peppers perfect for salsas and garnishes. Good supplies now with year-round availability.
- **Elephant Garlic (USA-CA):** Jumbo in size but mild in flavor. Use for any recipe that needs a little extra flavor. New crop available in good supply.
- **Rutabagas (USA-CA):** Good supplies now with availability year-round on this popular sweet root. Use in casseroles or sides.
- **White Asparagus (Peru):** Change it up a little with these unique white stalks perfect for enhancing any entrée or salad. Good supplies now.
- **Celery Root (USA-CA):** Enjoy sliced, diced or shredded into salads, sides or sauces year-round. New crop available in good supply.
- **Organic Coconut Slices (Mexico):** New! Good supplies year-round on these convenient ready-to-eat treats. Perfect for desserts or snacking.
- **Passion Fruit (USA-CA):** Delicious sweet-tart flavor for drinks, sauces and dips. New crop with moderate supplies to start. Available thru December.
- **Bi/Tri-Color Muscato™ Grapes (USA-CA):** Good supplies thru September on this crisp, juicy fruit perfect for snacking and charcuteries.
- **Organic Agave Syrup (Mexico):** Year-round supply on this delicious sweetener. Use in desserts, smoothies and drinks for deliciously sweet flavor.
- **Tiger Figs (USA-CA):** Perfect for charcuteries and jams. New crop available now thru August in good supply.

GOOD SUPPLIES:

FRUITS

- XL Navels (Chile)
- Kumquats (Chile)
- Rambutan (Guatemala)
- Sapūrana Mangos (Mexico)
- Heirloom & Black Mission Figs (USA-CA)
- Yellow & Orange Watermelons (USA-CA)
- Yellow & White Dragon Fruit (Ecuador)
- Red Dragon Fruit (Nicaragua)
- Valencia Pride Mangos (USA-CA)
- Red Cactus Pears (Mexico)
- Muscato™ Grapes (USA-CA)
- Jelly Drops® Grapes (USA-CA)
- Champagne Grapes (USA-CA)
- Guava (Mexico)
- Mangosteen (Mexico)

ORGANIC FRUITS

- Emerald Watermelons (USA-CA)
- Dragon Fruit (Ecuador/ Mexico/ USA-CA)
- Jelly Drops® Grapes (USA-CA)
- Valencia Oranges (USA-CA)
- Bartlett Pears (USA-CA)
- Bosc Pear (USA-CA)
- Avocados (Peru)
- Plum Bites (USA-CA)
- Melons (USA-CA)
- Papaya (Mexico)
- Limes (Mexico)



De Arbol Peppers



Elephant Garlic



Rutabagas



White Asparagus



Celery Root



Hatch Peppers



Organic
Coconut Slices



Passion Fruit



Bi/Tri-Color Muscato™ Grapes

ORGANIC VEGETABLES

- Cucumbers (Mexico)
- Mini Cucumbers (Mexico)
- Green Bell Peppers (Mexico)
- Zucchini (Mexico)
- Chard (USA-CA)
- Kale (USA-CA)
- Yellow Squash (Mexico)
- Veggie Sweets (Mexico)
- Baby Potatoes (USA-CA)
- Tomatoes (Mexico)
- Lettuce (USA-CA)
- Jalapenos (USA-CA)



Organic Agave
Syrup



Tiger Striped Figs

COMING SOON:

- Cherimoya (Chile)
- Starfruit (USA-FL)
- Candy Sweets® (USA-CA)
- Passion Fruit (USA-CA)
- Kiwano Melons (USA-CA)
- Kiwi Berries (USA-OR)