



Organic Market Report



Week of: September 18, 2022

FRUITS:



New Crop Washington Gala Apples are in!

Apples - New crop Washington gala and honeycrisp apples are in! Overall supply out of Washington remains tight. Fuji's are shipping from New Zealand again this week. Bartlett pears are now shipping from Washington!

Berries - Washington blueberries continue to be in good supply but look for local to wind down over the next week

and we'll be shifting back to imports. Strawberries are in. Blackberry supply has been better with stable prices and most product shipping out of California. Raspberries remain tight. Cranberries will start up most likely mid to late October this year.

Citrus - **ALERT!** California grapefruits remain extremely tight or out. This will continue until new groves start their fall harvests around November. Premium sized lemons also remain very limited from most growers out of California. Lime supply remains good with great quality and pricing. Valencia oranges are steady. Navel oranges will start up the end of October or early November.

Tropicals - Avocado supply and pricing are stable again for this week. Overall industry supply is increasing and it's a great time to start promoting again! Organic Kent mangos are finishing up for the season. We will move to the Keitt variety soon.

Seasonal Fruits - Washington peaches and nectarines are still shipping but the season is winding down over the next week or two. Quality and sizing continue to be nice. Look for pomegranates and persimmons to start up around October!

Melons - Organic melons are finishing up for the season. We will most likely have some mini seedless watermelons available to start next week. Once those finish up we will most likely be done for the season. Thanks for your support on these this year.



Persimmons and Pomegranates are Coming Soon!

VEGETABLES:

Asparagus - **ALERT!** Asparagus markets remain limited again next week and for September out of Mexico. We should see markets improve as we get into October.

Broccoli/Cauliflower - **ALERT!** Broccoli markets remain up this week due to limited supply. Many growers continue to experience heavy aphid pressure and other quality issues as we are nearing the end of the central California growing season. Cauliflower supply and pricing remain stable for next week although overall markets are tightening up.

Cucumbers - Steady supply, quality and pricing on both slicers and 12ct seedless.

Celery - Strong supply and great pricing continue on both 30ct and 18x2ct celery hearts.

Greens & Lettuces - Quality and pricing are stable out of California on green leaf & red leaf. Romaine markets are tight again this week with higher pricing. Greens are steady with stable pricing and supply out of California.

Roots - Some local gold beets from Oregon are in. Red beets are switching back to California for this week. Turnips and rutabagas are coming soon!

Onions/Potatoes - New crop Washington potatoes and onions are in now shipping. Quality has been great to start the new season!

Peppers - Steady supplies on peppers for next week. Mini sweet continue to come down some in price and have better supply. Red, yellow prices are improving, and we expect better supply and promotional opportunities as we get into October.

Squash - Local winter squash out of Washington are expected to start the week of 9/26. We will be bringing on more variety like pie pumpkins and Delicata squash as local gets started. Summer squash markets remain elevated in price with product shipping from both California and Mexico.

Tomatoes - Overall supply and pricing remain good on grape, roma's and 11lb on the vine. 15lb remain tight or out to start the week.



Locally Grown Winter Squash is Coming Soon!