

# melissa's Market Update

@MelissasProduce

Week of 05/22/23



## FEATURED ITEMS:

- **Organic Butternut Squash (Mexico):** Moderate supplies to start on this creamy squash, perfect for soups or prepared as a side. Available thru October.
- **Organic Turmeric (Fiji):** Good supplies with year-round availability on this versatile root. Most often used for juicing, teas and curry dishes.
- **Organic Blue Weber Agave (Mexico):** This natural sweetener can be used on desserts, pancakes, in drinks or any recipe that needs a boost of sweetness!
- **Red Long Hot Peppers (Netherlands):** Pre-book these long, slim peppers; serve on platters, dice into recipes or use as a garnish. Good supplies available thru Nov.
- **Tropical Avocado (Dominican Republic):** These larger avocados have a creamy flesh, perfect for guacamole, salads and garnishes. Good supplies now.
- **Passion Fruit (USA-FL):** This fragrant tropical fruit will add a sweet-tart flavor to drinks, desserts and sauces. Good supplies thru June.
- **Watermelons (Mexico):** Moderate supplies to start with availability thru August. < Yellow/ Orange/ Midnight/ Mini Yellow/ Mini Midnight >
- **Hatch Salsa (USA):** Add delicious flavor as well as a bite. Enjoy as a dip, condiment or use to enhance sauces, omelets and more. Available year-round.
- **Hollandaise Sauce (France):** Convenient to use, just heat for 10 seconds in the microwave, then top your favorite veggies, eggs or entrée. Available year-round.

## GOOD SUPPLIES:

### FRUITS

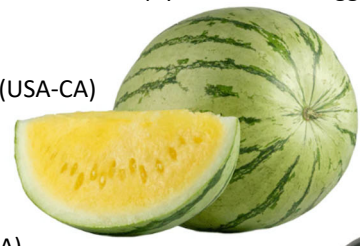
- Valencia Oranges (USA-CA)
- Melons (Mexico)
- Charentais Melons (DR/CR)
- Lychee (Mexico)
- Key Limes (Mexico)
- Pineberries (USA-CA)
- Strawberry Papayas (Brazil)
- Fuyu Persimmons (Chile)
- Sweet Young Coconuts (Thailand)
- Marzano Tomatoes (Canada)
- Pixie Tangerines (USA-CA)
- Goldenberries (Colombia)
- Tai Nung Papayas (Mexico)



Red Long Hot Peppers

### ORGANIC FRUITS

- Brussels Sprouts (Mexico)
- Mini Cucumbers (Mexico)
- Baby Potatoes (USA-CA)
- Ginger Root (Peru)
- Jicama (Mexico)
- Zucchini (Mexico)
- Tomatoes (Mexico)



Yellow Watermelons



Orange Watermelons

### VEGETABLES

- Valencia Oranges (USA-CA)
- Melons (Mexico)
- Avocado (Mexico)
- Pears (Argentina)
- Papaya (Mexico)
- Grapefruit (USA-CA)
- Strawberries (USA-CA)



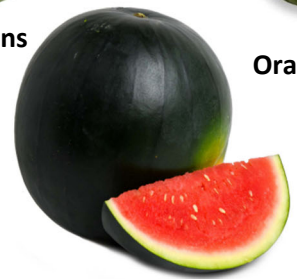
Tropical Avocados

### ORGANIC VEGETABLES

- Okra (USA-CA)
- Organic Apricots (USA-CA)
- Rambutan (Guatemala)
- Finger Limes (USA-CA)
- Tree Ripened Mangos (Mexico)
- Hatch Onions (USA-NM)
- "New" Hatch Salsas (USA)



Hatch Salsa



Midnight Watermelons



Hollandaise Sauce



Organic Butternut Squash



Organic Turmeric



Organic Blue Weber Agave Syrup



Passion Fruit

### COMING SOON:

- Okra (USA-CA)
- Organic Apricots (USA-CA)
- Rambutan (Guatemala)
- Finger Limes (USA-CA)
- Tree Ripened Mangos (Mexico)
- Hatch Onions (USA-NM)
- "New" Hatch Salsas (USA)



Hatch Pepper Avocado Salsa



Hatch Pepper Taqueria Salsa

PRE-ORDER NOW